

**Celebrating 29 Years of First Aid Training Courses!**

## First Aid Training Course Timetable Jan – Dec 2016

**First Aid at Work training recognised and approved by the HSE. (FAW)**

Existing certificate holders can refresh an unexpired certificate with us regardless of where they first trained. (RFAW)

CITB members can receive grants for all of these courses  
Driver CPC Training courses available – please contact the office for more info

| Course  | January                                 | February                                 | March                                 | April                                | May                                   | June                               | July                                 | August                                | Sept                                 | Oct                                 | Nov                                    | Dec                                 |
|---|---|--|---------------------------------------|--------------------------------------|---------------------------------------|------------------------------------|--------------------------------------|---------------------------------------|--------------------------------------|-------------------------------------|--|-------------------------------------|
| <b>Bedford</b> – Kings House, 245 Amphill Road, Bedford MK42 9AZ (K) <small><a href="http://www.bostockhealthcare.com/courses.aspx?course=14">http://www.bostockhealthcare.com/courses.aspx?course=14</a></small>   |   |  |                                       |                                      |                                       |                                    |                                      |                                       |                                      |                                     |  |                                     |
| First aid At Work Bedfordshire  | <b>FAW1 (K)</b><br>7 14 21<br>Thursdays | <b>FAW2 (K)</b><br>1 8 9<br>Mon and Tues | <b>FAW3 (K)</b><br>4 11 18<br>Fri     | <b>FAW4 (K)</b><br>12 19 26<br>Tues  | <b>FAW5 (K)</b><br>3 10 17<br>Mondays | <b>FAW6 (K)</b><br>1 8 15<br>Wed   | <b>FAW7 (K)</b><br>14 21 28<br>Thurs | <b>FAW8 (K)</b><br>2 9 16<br>Tues     | <b>FAW9 (K)</b><br>9 16 23<br>Friday | <b>FAW10 (K)</b><br>5 12 19<br>Wed  | <b>FAW11 (K)</b><br>7 14 21<br>Mon     | <b>FAW12 (K)</b><br>1 8 15<br>Thurs |
| First Aid at Work Requal  | <b>RFAW1 (K)</b><br>22 29<br>Fridays    | <b>RFAW2 (K)</b><br>4 11<br>Thursdays    | <b>RFAW3 (K)</b><br>15 22<br>Tuesdays | <b>RFAW4 (K)</b><br>11 18<br>Mon     | <b>RFAW5 (K)</b><br>5 12<br>Thurs     | <b>RFAW6 (K)</b><br>23 30<br>Thurs | <b>RFAW7 (K)</b><br>13 20<br>Wed     | <b>RFAW8 (K)</b><br>11 18<br>Thurs    | <b>RFAW9 (K)</b><br>5 12<br>Mon      | <b>RFAW10 (K)</b><br>7 14<br>Fri    | <b>RFAW11 (K)</b><br>3 10<br>Thursdays | <b>RFAW12 (K)</b><br>6 13<br>Tues   |
| Emergency First Aid at Work   | <b>EFAW1 (K)</b><br>18 Monday           | <b>EFAW2 (K)</b><br>24 Wednesday         | <b>EFAW3 (P)</b><br>8 Tues            | <b>EFAW4 (P)</b><br>29 Fri           | <b>EFAW5 (P)</b><br>19 Thur           | <b>EFAW6 (P)</b><br>14 Tues        | <b>EFAW7 (P)</b><br>27 Wed           | <b>EFAW8 (P)</b><br>12 Friday         | <b>EFAW9 (P)</b><br>20 Tuesday       | <b>EFAW10 (P)</b><br>17 Monday      | <b>EFAW11 (P)</b><br>17 Thurs          | <b>EFAW12 (P)</b><br>7 Wed          |
| 1/2 day Annual Update   | <b>BSU1 (K)</b><br>11 Monday            | <b>BSU2 (K)</b><br>10 Wednesday          | <b>BSU3 (P)</b><br>9 Wed              | <b>BSU4 (P)</b><br>7 Thurs           | <b>BSU5 (P)</b><br>20 Fri             | <b>BSU6 (P)</b><br>22 Wed          | <b>BSU7 (P)</b><br>25 Mon            | <b>BSU8 (P)</b><br>19 Fri             | <b>BSU9 (P)</b><br>30 Friday         | <b>BSU10 (P)</b><br>13 Thurs        | <b>BSU11 (P)</b><br>23 Wed             | <b>BSU12 (P)</b><br>5 Monday        |
| <b>Milton Keynes</b> - The Milton Keynes Business Centre, Linford Wood, Milton Keynes MK14 6GD <small><a href="http://www.bostockhealthcare.com/courses.aspx?course=16">http://www.bostockhealthcare.com/courses.aspx?course=16</a></small>                     |   |  |                                       |                                      |                                       |                                    |                                      |                                       |                                      |                                     |  |                                     |
| First aid At Work Bucks   | <b>FAW1</b><br>11 18 25<br>Mondays      | <b>FAW2</b><br>4 11 12<br>Thurs & Fri    | <b>FAW3</b><br>7 14 21<br>Mondays     | <b>FAW4</b><br>13 20 27<br>Wed       | <b>FAW5</b><br>4 11 18<br>Wed         | <b>FAW6</b><br>10 17 24<br>Fri     | <b>FAW7</b><br>15 22 29<br>Fri       | <b>FAW8</b><br>8 15 22<br>Mondays     | <b>FAW9</b><br>15 22 29<br>Thursdays | <b>FAW10</b><br>4 11 18<br>Tuesdays | <b>FAW11</b><br>2 9 16<br>Wed          | <b>FAW12</b><br>5 12 19<br>Mondays  |
| First Aid at Work Requal  | <b>RFAW1</b><br>13 20<br>Wednesdays     | <b>RFAW2</b><br>1 8<br>Mondays           | <b>RFAW3</b><br>16 23<br>Wed          | <b>RFAW4</b><br>22 29<br>Fri         | <b>RFAW5</b><br>16 23<br>Mon          | <b>RFAW6</b><br>22 29<br>Wed       | <b>RFAW7</b><br>12 19<br>Tues        |                                       | <b>RFAW9</b><br>6 13<br>Tues         | <b>RFAW10</b><br>3 10<br>Mondays    | <b>RFAW11</b><br>11 18<br>Fridays      | <b>RFAW12</b><br>7 14<br>Wednesdays |
| Emergency First Aid at Work   | <b>EFAW1</b><br>12 Tuesday              |  | <b>EFAW3</b><br>24 Thurs              |                                      | <b>EFAW5</b><br>27 Fri                |                                    | <b>EFAW7</b><br>5 Tues               |                                       | <b>EFAW9</b><br>7 Wed                |                                     | <b>EFAW11</b><br>15 Tues               |                                     |
| 1/2 day Annual Update   | <b>BSU1</b><br>27 Wed PM                | <b>BSU2</b><br>22 Monday AM              | <b>BSU3</b><br>17 Thur pm             | <b>BSU4</b><br>8 Fri am              | <b>BSU5</b><br>24 Tues pm             | <b>BSU6</b><br>16 Thurs am         | <b>BSU7</b><br>27 Wed pm             | <b>BSU8</b><br>23 Tues am             | <b>BSU9</b><br>8 Thurs pm            | <b>BSU10</b><br>21 Friday am        | <b>BSU11</b><br>28 Mon pm              | <b>BSU12</b><br>9 Fri am            |
| <b>Luton and Hitchin</b> – The NEW Stopsley Baptist Church, St Thomas' Rd, LU2 7XP - very near Hitchin – 6 miles - <small><a href="http://www.bostockhealthcare.com/courses.aspx?course=15">http://www.bostockhealthcare.com/courses.aspx?course=15</a></small> |   |  |                                       |                                      |                                       |                                    |                                      |                                       |                                      |                                     |  |                                     |
| First aid At Work Beds  |   | <b>FAW2</b><br>22 23 29<br>Mon & Tues    |                                       | <b>FAW4</b><br>14 21 28<br>Thursdays |                                       | <b>FAW6</b><br>13 20 27<br>Mon     |                                      | <b>FAW8</b><br>10 17 24<br>Wednesdays |                                      | <b>FAW10</b><br>6 13 20<br>Thurs    |  | <b>FAW12</b><br>2 9 16<br>Fridays   |
| First Aid at Work Requal  | <b>RFAW1</b><br>19 26<br>Tuesdays       |  | <b>RFAW3</b><br>3 10<br>Thur          |                                      | <b>RFAW5</b><br>6 13<br>Fridays       |                                    | <b>RFAW7</b><br>11 18<br>Mon         |                                       | <b>RFAW9</b><br>14 21<br>Wed         |                                     | <b>RFAW11</b><br>22 29<br>Tues         |                                     |
| Emergency First Aid at Work   |   | <b>EFAW2</b><br>25 Thursday              |                                       | <b>EFAW4</b><br>25 Mon               |                                       | <b>EFAW6</b><br>15 Wed             |                                      | <b>EFAW8</b><br>25 Thursday           |                                      | <b>EFAW10</b><br>11 Tues            |  | <b>EFAW12</b><br>15 Thurs           |
| 1/2 day Annual Update   | <b>BSU1</b><br>27 Wed AM                |  | <b>BSU3</b><br>17 Thur am             |                                      | <b>BSU5</b><br>24 Tues am             |                                    | <b>BSU7</b><br>27 Wed am             |                                       | <b>BSU9</b><br>8 Thurs am            |                                     | <b>BSU11</b><br>28 Mon am              |                                     |



**Celebrating 27 Years of First Aid Training!**

**FIRST AID TRAINING APPLICATION FORM 2015**

**First Aid Contact** @ company:

**Invoice to** @ company:

|                         |          |
|-------------------------|----------|
| Name (Mr/Mrs/ Miss/ Ms) |          |
| Company                 |          |
| Address                 |          |
|                         |          |
|                         |          |
|                         | Postcode |
| Tel                     | Fax      |
| Email Address           |          |

|                         |          |
|-------------------------|----------|
| Name (Mr/Mrs/ Miss/ Ms) |          |
| Company                 |          |
| Address                 |          |
|                         |          |
|                         |          |
|                         | Postcode |
| Tel                     | Fax      |
| Email Address           |          |

**NEW** – If you would like one of our representatives to **visit your premises** and discuss your first aid requirement please tick here

| First Aid Course Name (eg FAW1) | Venue | Start Date | Full Name of Candidate | Cert Expiry Date (refresher ONLY) | Total (Excl VAT) | VAT |
|---------------------------------|-------|------------|------------------------|-----------------------------------|------------------|-----|
|                                 |       |            |                        |                                   |                  |     |
|                                 |       |            |                        |                                   |                  |     |
|                                 |       |            |                        |                                   |                  |     |
|                                 |       |            |                        |                                   |                  |     |

|                 |                                   |              |
|-----------------|-----------------------------------|--------------|
| <b>Payment:</b> | First Aid at Work Course          | £223.00 +VAT |
|                 | First Aid at Work Requalification | £148.00 +VAT |
|                 | 1 Day Emergency First Aid at Work | £84.00 +VAT  |
|                 | ½ Day BSU                         | £50.00 + VAT |

|                     |  |  |
|---------------------|--|--|
| <b>Total</b>        |  |  |
| <b>VAT</b>          |  |  |
| <b>Total to Pay</b> |  |  |

- Please invoice me (I have an agreed invoicing arrangement) Order No:.....
- I enclose a cheque made payable to Bostock Health Care Ltd for the sum of £.....
- Please Debit my credit/debit card for the sum of £.....
- Please call with your credit card details or leave your number so that we can call you.....

**Candidates for First Aid Course:**

The candidates that you choose should be able to complete a First Aid at Work course.

This means that they should be physically able to cope with all emergency situations and should possess adequate communication skills.

They should be a reliable member of staff who could easily leave their normal duties to attend to an emergency.

If they do not meet the above criteria they will not be able to achieve the standard required for a First Aid at Work certificate.

Confirmation and an invoice will be sent on receipt of this form.

**Refreshers** who did not originally train with BHC should send a copy of their **certificate** with this application form

|                      |
|----------------------|
| Cardholders Name:    |
| Cardholders Address: |
|                      |
| Postcode:            |

|  |  |   |  |
|--|--|---|--|
| <b>I heard about Bostock from:</b>       |  |   |  |
| A Search Engine <input type="checkbox"/> | Mail out <input type="checkbox"/>                  | Recommendation <input type="checkbox"/> |  |
| Other <input type="checkbox"/> .....     | I am a returning customer <input type="checkbox"/> |   |  |

I understand that the candidate chosen should be suitable for the First Aid at Work course (as above) and that I am bound by the BHC terms and conditions of booking.

Signed..... Date.....

Name.....Position.....

Please fax or send this application form to:

Bostock Health Care  
63 Garfield Street  
Bedford, MK41 7RZ  
**Fax: 01234 340066**  
Tel: 01234 356980  
e: sales@bostockhealthcare.com

- To Gain a **"First Aid at Work"** certificate recognised and approved by the HSE candidates must attend a **3 day** course and should attend annual half day refreshers.
- Existing first aid certificate holders who wish to refresh an unexpired standard certificate should attend the **2 day requal** course.
- The **"Emergency Aid at work"** course is a **1 day** first aid course with annual half day refreshers

All first aid courses are **9am - 4.30pm**. Tea and coffee is provided at mid-session breaks - please arrive at **8.45am**