



## Online Short First Aid Update

The should course last approximately 2 hours and assessment during this online course will determine whether you are successful. There are five sections to this course:

1. Introduction
2. The Role of the First Aider
3. Casualty Assessment
4. Resuscitation
5. Final Assessment

### What This Course is:

This course is intended as a quick update in between face to face training sessions. It is a perfect resource to refresh learning in some of the vital skills that you learned in your initial practical training. This course should give you the confidence to give effective and prompt treatment, ensuring that an unconscious, non-breathing casualty has the best possible outcome.

### What This Course is Not:

This course is not intended as a substitute for face to face training with one of our highly qualified first aid tutors. An online training session cannot evaluate your practical skills, for this you will need to book a face to face course in one of our may venues. Please contact our office for more information.

**Badges** - you earn badges when you complete the course quizzes.

**Certificate** – once you have completed the final assessment you can earn a pdf certificate.

On completion of this **short update course**, candidates should have refreshed their knowledge in:

- *Assessing the situation in an emergency.*
- *Administer cardiopulmonary resuscitation.*

This first aid course also includes updates and changes to relevant first-aid procedures. This is not a replacement for a hands-on practical course but a helpful addition between qualifications.

### Candidates

The candidates chosen to enroll should already be qualified first aiders. They should be physically able to cope with all emergency situations (such as CPR) and should possess adequate communication skills.

They should be a reliable member of staff who could easily leave their normal duties to attend to an emergency.

You have 30 days to access this course from the date that you purchased.

If you have any questions about this course, please get in touch at [sales@bostockhealthcare.com](mailto:sales@bostockhealthcare.com) or on 01234 356980