

## First Aid Course Timetable May to October 2025

First Aid at Work training recognised by the HSE and approved by FAIB

Existing certificate holders can refresh an unexpired certificate with us regardless of where they first trained. (RFAW)

	May	June	July	August	September	October
<b>Bedford</b> - Kings House, 245 Ampthill Road, Bedford MK42 9AZ						
<b>First aid At Work</b>	<b>FAW5</b> 8th, 15th & 22nd Thursdays	<b>FAW6</b> 11th, 18th & 25th Wednesdays	<b>FAW7</b> 7th, 14th & 21st Mondays	<b>FAW8</b> 7th, 14th & 21st Thursdays	<b>FAW9</b> 9th, 16th & 23rd Tuesdays	<b>FAW10</b> 10th, 17th & 24th Fridays
<b>First Aid at Work Requalification</b>	<b>RFAW5</b> 12th & 19th Mondays	<b>RFAW6</b> 6th & 13th Fridays	<b>RFAW7</b> 8th & 15th Tuesdays	<b>RFAW8</b> 8th & 15th Fridays	<b>RFAW9</b> 10th & 17th Wednesdays	<b>RFAW10</b> 7th & 14th Tuesdays
<b>Emergency First Aid at Work</b>	<b>EFAW5</b> 6th Tuesday	<b>EFAW6</b> 4th Wednesday	<b>EFAW7</b> 1st Tuesday	<b>EFAW8</b> 4th Monday	<b>EFAW9</b> 11th Thursday	<b>EFAW10</b> 6th Monday
<b>1/2 day Annual Update</b>	<b>BSU5</b> 20th Tuesday	<b>BSU6</b> 20th Friday	<b>BSU7</b> 16th Wednesday	<b>BSU8</b> 22nd Friday	<b>BSU9</b> 24th Wednesday	<b>BSU10</b> 13th Monday
<b>Paediatric First Aid</b>	<b>PAED 5</b> 2nd & 9th Fridays	<b>PAED6</b> 5th & 12th Thursdays	<b>PAED7</b> 2nd & 9th Wednesdays		<b>PAED9</b> 18th & 25th Thursdays	<b>PAED10</b> 8th & 15th Wednesdays
<b>Mental Health Wellbeing in the Workplace</b>		<b>MWIW6</b> 10th Tuesday				
<b>Milton Keynes</b> - Milton Keynes Business Centre, Linford Wood, Milton Keynes MK14 6GD						
<b>First aid At Work</b>	<b>FAW5</b> 16th, 19th & 20th Fri, Mon & Tues	<b>FAW6</b> 12th, 19th & 26th Thursday	<b>FAW7</b> 4th, 11th & 18th Fridays	<b>FAW8</b> 15th, 22nd & 29th Fridays	<b>FAW9</b> 8th, 15th & 22nd Mondays	<b>FAW10</b> 9th, 16th & 23rd Thursdays
<b>First Aid at Work Requalification</b>	<b>RFAW5</b> 21st & 28th Wednesdays	<b>RFAW6</b> 20th to 27th Fridays	<b>RFAW7</b> 16th & 23rd Wednesdays	<b>RFAW8</b> 14th & 21st Thursdays	<b>RFAW9</b> 18th & 25th Thursdays	<b>RFAW10</b> 13th & 20th Mondays
<b>Emergency First Aid at Work</b>	<b>EFAW5</b> 23rd Friday	<b>EFAW6</b> 24th Tuesday	<b>EFAW7</b> 17th Thursday Thursday	<b>EFAW8</b> 13th Wednesday	<b>EFAW9</b> 26th Friday	<b>EFAW10</b> 21st Tuesday
<b>1/2 day Annual Update</b>	<b>BSU5 pm</b> 15th Thursday	<b>BSU6 am</b> 16th Monday	<b>BSU7 pm</b> 14th Monday	<b>BSU8 am</b> 12th Tuesday	<b>BSU9 pm</b> 19th Friday	<b>BSU10 am</b> 1st Wednesday
<b>Luton and Hitchin</b> – Stopsley Baptist Church, St Thomas's Road LU2 7XP (six miles from Hitchin)						
<b>First aid At Work</b>		<b>FAW6</b> 16th, 23rd & 30th Mondays		<b>FAW8</b> 1st, 8th & 15th Fridays		<b>FAW10</b> 8th, 15th & 22nd Wednesdays
<b>First Aid at Work Requalification</b>	<b>RFAW5</b> 2nd & 9th Fridays		<b>RFAW7</b> 3rd & 10th Thursdays		<b>RFAW9</b> 22nd & 29th Mondays	
<b>Emergency First Aid at Work</b>		<b>EFAW6</b> 17th Tuesday		<b>EFAW8</b> 29th Friday		<b>EFAW10</b> 2nd Thursday
<b>1/2 day Annual Update</b>	<b>BSU5 am</b> 15th Thursday		<b>BSU7am</b> 14 <sup>th</sup> Monday		<b>BSU9 am</b> 19th Friday	

Tel: 01234 356980

Email: [sales@bostockhealthcare.com](mailto:sales@bostockhealthcare.com)

[www.bostockhealthcare.com](http://www.bostockhealthcare.com)

See Page 2 for prices and booking information

For our whole year timetable (without prices etc) click here: <https://bostockhealthcare.com/image/catalog/pdfs/wholeyeartimetable.pdf>

## FIRST AID TRAINING ONLINE APPLICATION FORM

First Aid Contact @ company: (This person will get all correspondence and reminders for all first aiders at your organisation)				Invoice to @ company:			
Name (Mr/Mrs/ Miss/ Ms)				Name (Mr/Mrs/ Miss/ Ms)			
Company				Company			
Address				Address			
		Postcode				Postcode	
Tel		Fax		Tel		Fax	
Email Address				Email Address			
Booking							
First Aid Course Name (eg FAW1)	Venue	Start Date	Full Name of Candidate	Candidate Email	Total (Excl VAT)	VAT	
<b>Total</b>							
<b>VAT</b>							
<b>Total to Pay</b>							

Payment	
	Please Invoice me (I have an agreed invoicing arrangement) Order no:
	I enclose a cheque made payable to Bostock Health Care Ltd for the sum of:
	I will pay by credit card via the link on the invoice.

Course Types/Prices		
FAW	First Aid at Work Course – 3 days	£299.00 + VAT
RFAW	Refresher FAW Course – 2 days (For existing FAW candidates with unexpired cert)	£206.00 + VAT
EFAW	Emergency First Aid at Work Course – 1 day	£119.00 + VAT
BSU	Basic Skills /Annual Update Course – 3 hours	£71.00 + VAT
PAED	Paediatric 2-day	£131.00 + VAT
PEFA	Paediatric 1-day (day one of a PAED course)	£119.00 + VAT
MHWIW	Mental Health Wellbeing in the Workplace	£119.00 + VAT
<i>Other courses are available – please contact the office for more information</i>		

**In-house courses may be cheaper if you have a group of candidates who need training – please ask for prices.**

Candidates	
The candidates that you choose should be able to complete a First Aid at Work course. This means that they should be physically able to cope with all emergency situations and should possess adequate communication skills. They should be a reliable member of staff who could easily leave their normal duties to attend to an emergency. If they do not meet the above criteria, they will not be able to achieve the standard required for a First Aid at Work certificate.	
I understand that the candidate chosen should be suitable for the First Aid at Work course (as above) and that I am bound by the BHC terms and conditions of booking. See <a href="http://www.bostockhealthcare.com">www.bostockhealthcare.com</a>	
Signed: _____	Date: _____

Please email or send this application form to: Bostock Health Care  
63 Garfield Street  
Bedford, MK41 7RZ Tel: 01234 356980  
e: [sales@bostockhealthcare.com](mailto:sales@bostockhealthcare.com)

I heard about Bostock from:  Search Engine  Other

Office Use only: BOOKINGS..... T&C..... INV..... MAP.....LETTER..... RLETTER..... MAN.....UPDATE DB..... Check Exp dates .....

All first aid courses are **9am - 4.30pm**. Tea and coffee is provided at mid-session breaks - please arrive by **8.45am**